

# AKWAABA EXPERIENCE

A BIPOC International Educator  
Professional Development Retreat  
(It's not conference)

The background of the entire poster is a wall with a large mural of the Ghanaian flag. The flag consists of three horizontal stripes of red, yellow, and green, with a black star in the center of the yellow stripe. In the foreground, there are black silhouettes of several people with their arms raised in a gesture of celebration or protest. The text 'Ghana June 15-24 2024' is overlaid on the bottom half of the image.

Ghana  
June 15-24  
2024

# WELCOME TO STUDY ABROAD 4711

Study Abroad 4711 is a study abroad provider that offers journeys for those interested in international travel and lifelong learners passionate about global education. We are located in Chesapeake, Virginia, and Queens, New York, and we serve customers across the country from New York to California.

Our Founder and President started Study Abroad 4711 (SA 4711) shortly after she had the opportunity to study in Tokyo, Japan.

Today, we put more than 23 years of experience to personally helping other learners travel the world, break down barriers, and discover new and inspiring destinations.

Our Mission is To infuse affordability with full intercultural immersion in the ever-evolving world of international education for all students, giving them the opportunity to fathom their journeys as they embark into a globalized workforce.

Students with limited financial means may believe they will not be able to participate in study abroad programs. However, Study Abroad 4711 makes the journey affordable.

Our host universities are located in urban locations, close to public transportation, and in purpose-built facilities that provide a pleasant study atmosphere to match our diverse choice of innovative programs.

As an HBCU advocate, we are proud to be Virginia Union University's residential provider, with Virginia Union University serving as our school of record.

Our dedicated team provides students with individualized and comprehensive assistance during their study abroad experience. Whether looking for a rigorous academic program or want to improve your foreign language conversation, oral or written communication skills for travel, employment, or pleasure, Study Abroad 4711 has a wide choice of high-quality programs for all levels.

We encourage you to fathom your journey with us, and we look forward to offering you all our diverse and dynamic, affordable study abroad opportunities worldwide.

*Lakendra Brunston-Parker*

PRESIDENT AND MANAGING  
DIRECTOR  
STUDY ABROAD 4711





# YOU'RE INVITED!

**Dear BIPOC International Educators,**

**The time has come for BIPOC International Educators (IEs) to understand and receive unfiltered education through a transparent lens of unparallel truth by way of experiential learning and professional development in Ghana. Study Abroad 4711s Akwaaba Experience – Ghana is a Professional Development Retreat providing a space for intense study and honest reflections. To that end, Study Abroad 4711 invites Black and Indigenous People of Color and NAFSA's BMCPIE members to our inaugural international education retreat. The rich culture of Ghana will begin to move you to new levels of productivity, creativity, and professional development and restoration. Join us in Ghana and challenge yourself to the delight of knowledge, enlightenment, and truth.**

**Best Regards,**

**Lakendra Brunston-Parker  
President and Managing Director,  
Study Abroad 4711**

**STUDY  
ABROAD**

**4711**

®



# What's Included

- Personalized Pre-Departure Orientation
- Cultural Activities, and Field Trips
- Field Trips Language Translators
- Visa & Immigration Advising
- 24/7 On-Site Staff Support & Emergency Assistance
- Registration
- T-shirts
- Cultural Engagement
- Airport Pick-up
- Welcome & Farewell Dinner
- University Services and Amenities
- On-site Orientation
- Centrally Located Housing
- Cooking Classes
- City Tour
- Transportation

## WHAT YOU CAN

# Anticipate by Date

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### ✓ June 15th

Arrival to Ghana -Welcome - June 15

Welcome to Ghana! Your adventure starts today as you step foot in Kotoka international airport. No need to deal with taxis or car rentals; we'll arrange for a private shuttle that will take you centrally located housing in no time. Once settled, you'll get to know the tour team and have the rest of the afternoon to decompress. As we review the tour briefing, we'll enjoy a scrumptious welcome dinner at a local restaurant in the evening. Your Ghana professional development is about to begin.



### ✓ June 16th

Touring Historic Accra -June 16

Your Ghana adventure begins with a visit to Accra, Ghana's bustling capital. We'll start the day by touring the city's beating heart, going to the local markets bursting with new smells, tastes and colors. To get even closer to Ghanaian culture, we'll have the chance to enjoy an authentic Ghanaian drumming lesson. Feel these ancestral rhythms and enjoy an in-depth look at what makes this people unique.

Our tour will take us to Nkrumah memorial museum, the Black Star National Square and the Independence Arch, all built by Ghana's first democratic government. As we walk across these spaces, we'll get to know part of the country's convoluted political past. Take a break by eating at a local restaurant full of mouthwatering dishes: it's the best way to relax and enjoy the city!



### ✓ June 17th

Workshop and Volunteering & Free Day -June 17

Volunteering is ideal for anyone seeking a meaningful travel experience in Ghana. Volunteering in Ghana mostly focuses on reinforcing healthcare, childcare, and educational infrastructure. The group will have the opportunity to choose one of three volunteer area of choice.

# WHAT YOU CAN *Anticipate*

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## ✓ June 18th



Workshop in Historic Kumasi - June 18

Today we'll head to Kumasi, the long-lost capital of the powerful Ashanti kingdom. The second largest city in the country still drips with Ashanti traditions.

We'll hop on a quick domestic flight from Accra to get here. Once in Kumasi, we'll explore the traditions that still linger below the surface. The day starts with a visit to the traditional Adinkra village. Here, you'll enjoy an authentic Kente weaving and stamp printing experience, followed by a tour of a local cocoa farm where we'll learn how these beans became the best-quality cocoa in the world.

You'll have the chance to attend your Asante naming ceremony, where the elders will give you a soul and a spirit name. You also get to learn a traditional dance.

The day finishes with a late return flight to Accra.

## ✓ June 19th



Botanical Gardens - June 19

Discover the country's most beautiful plants, luscious flowers, and unique ecosystems. Accra's Botanical Gardens are found just outside the city. Bustling with life, it's a great place to take pictures.

You will return to Accra and visit the Legon Botanical Garden, where you will enjoy a canoe ride and get fit by completing an obstacle course.

Family Reunion Cooking Class at Crescendo Foods.

## ✓ June 20



Slave River, Coconut Grove - June 20

Bursting with history and pride, Cape Coast is one of Ghana's most significant spots. Discover the city as we revisit some of the country's most painful memories.

Get knee-deep into Ghana's slavery past by stepping on the path of thousands of the enslaved captives. Our journey begins in Donkor Nsuo, or slave river, where prisoners had the chance to bathe before a 3-week naked trek through the dense forest. Then, we'll go back to the city and visit the Cape Coast Slave Dungeon, in the bowels of the dungeon. Listen to first-hand accounts of the country's grueling slavery route and go up to the Door of Return, also known as 'door of no return', the last frontier between the dungeons and the huge slave ships waiting on the port.

Afterwards, we'll return to Coconut Grove where you'll have the time to dine, ride local horses, and relax.

# WHAT YOU CAN

# Anticipate

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## ✓ June 21

L Kakum Canopy Park - June 21

After breakfast, it's time to enjoy Ghana's lush landscapes. Today we'll visit Kakum national park, where ancient trees, curious monkeys, and beautiful birds await. After a short hike, we'll get to the canopy trail, a series of 7 narrow swinging canopy bridges. Get face-to-face with Ghana's most exotic fauna as you go through their natural habitat, more than 40 feet above the ground. For the faint of heart, no worries: there's an outdoor lounge just for you!

The evening will be spent at Coconut Grove Hotel.



## ✓ June 22

Shopping at the Makola Markets - June 22

Oxford Street is a bustling, lively place where you'll find unique souvenirs and get to know the rhythm of the city. Smell the traditional Ghanaian ingredients, touch authentic Kente cloth and revel in the feeling of being a local while you do some shopping.



## ✓ June 23

Shai Hills Reserve - June 23

You will visit Shai Hills Resource Reserve, a resource reserve located in Doryumu in the Shai Osudoku District, all in the Greater Accra Region. It was established in 1962 with an area of 47 square kilometers which was later extended to 51 square kilometers in 1973. There, you will hike and enjoy a mini safari.

You will enjoy a boat ride under the Akosombo bridge and have a farewell dinner at the Royal Senchi Resort.

## ✓ June 24 Depart Retreat

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## LIST OF ITEMS TO PURCHASE

# Suggested Shopping List

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### CHECKLIST

- Travel Adaptor
- Fanny Pack
- Luggage Tracker
- Portable External USB Charger
- Wet Ones Wipes
- Purell Hand Sanitizer
- Repel Insect Repellent
- Advil
- Pepto Bismol
- Imodium





## WHAT'S NOT INCLUDED

# Necessities

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### 01 Passport

The United States Postal Service offers passport services. PassportHealthUsa.com is another recommended provider

### 02 Visa

You will need a valid Visa to enter. Please do not wait until the last minute to obtain your Visa. Some countries allow border-entry VISAS upon arrival. PassportHealthUsa.com is a VISA provider

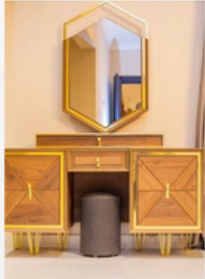
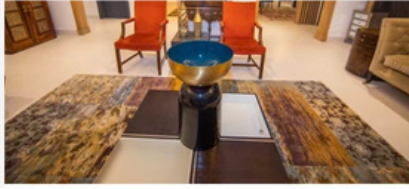
### 03 Vaccinations & COVID-19

The Yellow Fever vaccination is the only REQUIRED vaccination to enter, Malaria pills are suggested . COVID-19 negative test results required 72 hours before departure & upon entering Ghana.

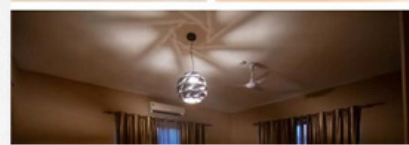
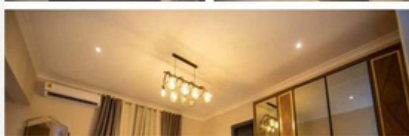
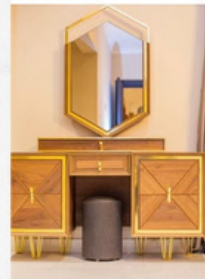
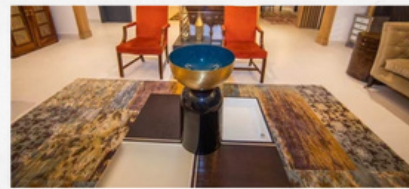
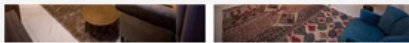
### 04 Travel & Medical Insurance

Travel Insurance Travel insurance is highly recommended. Trip deposits and payments are non-refundable. Therefore, it is prudent to protect your investment. We will insure you through iNext Insurance.





# Example Housing in Ghana



# PAYMENT SCHEDULE &

DUE DATES (AIRFARE NOT INCLUDED)

## EARLY BIRD RATE DUE BY 2/15/2024

	PRICE	APPROX. AIRFARE	SUBTOTAL
Single Room	\$2750	\$1350	\$4100

## REGULAR REGISTRATION DUE BY 3/15/24

	PRICE	APPROX. AIRFARE	SUBTOTAL
Single Room	\$2850	\$1500	\$4350

## LATE REGISTRATION DUE BY 4/15/2024

	PRICE	APPROX. AIRFARE	SUBTOTAL
Single Room	\$3150	\$1850	\$5000

### Acceptable Payment Methods

Non-refundable \$250.00  
Deposit

Online payments  
[www.studyabroad4711.com](http://www.studyabroad4711.com)

**Individual Payment Plans  
Accepted for Early Bird  
Registration Only**

**5 - \$500.00 Due on the 15th of the following  
months**

**August 15, September 15, October 15,  
November 15, February 15th**