



VUU Brothers Brunch & Leadership Symposium



GHANA

December 4-16, 2022



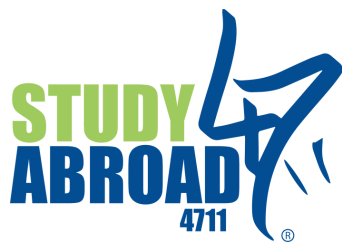
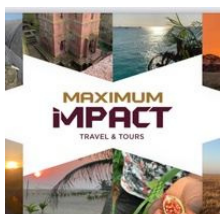
VUU BROTHERS BRUNCH SERVICE-LEARNING & LEADERSHIP SYMPOSIUM

FACULTY LEAD

Dr. Mark James

GUEST SPEAKER

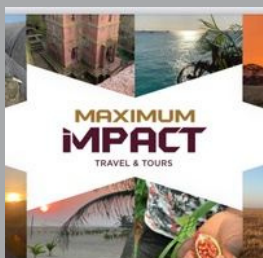
Mr. Kevan Turman



ABOUT THIS TRIP

VUU Brother's Brunch Service-Learning & Leadership Symposium

VUU Brother's Brunch in Ghana combines Virginia Union University's Assistant Dean of Students, Dr. Mark James' 20 years of experience in educational leadership and student engagement with Kevan Turman's Brother's Brunch, an organization that focuses on three ingredients: Cuisine, Culture, and Connection.



Study Abroad 4711| Virginia Union University partnered with Maximum Impact to support its mission to infuse affordability with full intercultural immersion in the ever-evolving world of international education for all students, giving them the opportunity to fathom their journeys as they embark on a globalized workforce. Maximum Impact supports SA4711 's mission by bridging the gap between HBCU University Students and the continent of Africa. Maximum Impact Travel is committed to bridging the gap between Africa and the African Diaspora by curating entertaining, educational, entrepreneurial, and inspirational Africa- Centered travel experiences around the world. Selecting Maximum Impact Travel was the the choice for logistical support for VUU Brother's Brunch in Ghana.

WHO WE ARE

Faulty Leads



Dr. Mark James, Faculty Lead

Leadership Symposium, Virginia Union University

✉ mhjames@vuu.edu

VUU Leadership Symposium in Ghana will reunite east and west cultures by removing stereotypes caused by systematic thinking and misconceptions. Dr. Mark James will engage VUU students and Ghanaian Host National Students to fellowship in a mobilized student-centric learning environment, hosted by pioneer universities in Ghana.



Kevan Turman, Guest Speaker

CEO, The Brothers Brunch

The Brothers Brunch in Ghana will expand the palates of young men and expose them to the cultural dining dynamics richly rooted in the Ghanaian experience. The Brothers Brunch experience infuses the ingredients of Cuisine, Culture, and Connection. The Brothers Brunch in Ghana will provide a cultural emergence that fosters professional and personal connections, thereby resulting in new and renewed bonds.



Morris and Paul, Maximum Impact

Site Manager, Ghana

Maximum Impact supports SA4711's mission by bridging the gap between HBCU University Students and the continent of Africa.



What's Included

- Personalized Pre-Departure Orientation
- Cultural Activities, and Field Trips
- Field Trips Language Translators
- Visa & Immigration Advising
- 24/7 On-Site Staff Support & Emergency Assistance
- All Meals
- Registration
- T-shirts
- Cultural Engagement
- Airport Pick-up
- Welcome & Farewell Dinner
- University Services and Amenities
- On-site Orientation
- Centrally Located Housing
- Cooking Classes
- City Tour
- Transportation

VUU BROTHERS BRUNCH SERVICE-LEARNING AND LEADERSHIP
SYMPOSIUM IN GHANA

Itinerary by Day



- 01 Arrival to Ghana | Welcome Dinner
- 02 Historic Accra | Drumming
- 03 Leadership Symposium | Volunteer
- 04 Kumasi | Leadership Symposium
- 05 The Brothers Brunch | Symposium
- 06 Cape Coast | Slave Dungeon
- 07 Symposium | Kakum Canopy
- 08 The Brothers Brunch | Kakumdo
- 09 Makola Market
- 10 Volunteer | Free Day
- 11 Shai Hills | Farewell Dinner
- 12 Volunteering | Free Day
- 13 Shopping | Departure Day

WHAT YOU CAN *Anticipate by Date*



✓ Sunday 4th Dec. 2022

Arrival to Ghana – Sunday 4th Dec. 2022

Welcome to Ghana! Your adventure starts today as you step foot in Kotoka international airport. No need to deal with taxis or car rentals, we'll arrange for a private shuttle that will take you to the hotel in no time. Once settled, you'll get to know the tour team and have the rest of the afternoon to decompress. In the evening, we'll enjoy a scrumptious welcome dinner at a local restaurant as we go over the tour briefing. Your Ghana escapade is about to begin.



✓ Monday 5th Dec 2022

Touring Historic Accra – Monday 5th Dec 2022

Your Ghana adventure begins with a visit to Accra, Ghana's bustling capital. We'll start the day by touring the city's beating heart, going to the local markets bursting with new smells, tastes and colors. To get even closer to Ghanaian culture, we'll have the chance to enjoy an authentic Ghanaian drumming lesson. Feel these ancestral rhythms and enjoy an in-depth look at what makes this people unique.

Our tour will take us to Nkrumah memorial museum, the Black Star National Square and the Independence Arch, all built by Ghana's first democratic government. As we walk across these spaces, we'll get to know part of the country's convoluted political past. Take a break by eating at a local restaurant full of mouthwatering dishes: it's the best way to relax and enjoy the city!



✓ Tuesday 6th Dec 2022

Leadership Symposium, Volunteering & Free Day – Tuesday 6th Dec 2022

There will be a Symposium at the University of Ghana, Legon, where the Dean, Dr. Mark James, will speak and four hours of volunteering fun activities.

Volunteering is ideal for anyone seeking a meaningful travel experience in Ghana. Volunteering in Ghana mostly focuses on reinforcing healthcare, childcare, and educational infrastructure. The group will have the opportunity to choose a volunteer area of choice.

WHAT YOU CAN *Anticipate*

✓ Wednesday 7th Dec 2022



Exploring Historic Kumasi and Symposium – Wednesday 7th Dec 2022

Today we'll head to Kumasi, the long-lost capital of the powerful Ashanti kingdom. The second largest city in the country still drips with Ashanti traditions.

To get here, we'll hop on a quick domestic flight from Accra. Once in Kumasi, we'll explore the traditions that still linger below the surface. The day starts with a visit to the traditional Adinkra village. Here, you'll enjoy an authentic Kente weaving and stamp printing experience, followed by a tour at a local cocoa farm where we'll get to know how these beans became the best-quality cocoa in the world.

You'll have the chance to attend your own Asante naming ceremony, where the elders will give you a soul and a spirit name. You also get to learn a traditional dance.

The group will have two hours of volunteering (giving out reading glasses) at the Kwame Nkrumah University of Science and Technology (KNUST) in Kumasi, followed by a Leadership Symposium led by Dr. Mark James.

The day finishes with a late return flight to Accra.

✓ Thursday 8th Dec 2022



The Brothers Brunch & Leadership Symposium – Thursday 8th Dec 2022

Discover the country's most beautiful plants, luscious flowers, and unique ecosystems. Accra's Botanical Gardens are found just outside the city. Bustling with life, it's a great place to take pictures.

You will return to Accra and visit the Legon Botanical Garden, where you will enjoy a canoe ride and get fit by completing an obstacle course.

The Brothers Brunch will have a cooking session with Chef Kwame at Crescendo Foods. There will be a Leadership Symposium where Dr. Mark James will Speak.

✓ Friday 9th Dec 2022



Slave River, Coconut Grove – Friday 9th Dec 2022

Bursting with history and pride, Cape Coast is one of Ghana's most significant spots. Discover the city as we revisit some of the country's most painful memories.

Get knee-deep into Ghana's slavery past by stepping on the path of thousands of the enslaved captives. Our journey begins in Donkor Nsuo, or slave river, where prisoners had the chance to bathe before a 3-week naked trek through the dense forest. Then, we'll go back to the city and visit the Cape Coast Slave Dungeon, in the bowels of the dungeon. Listen to first-hand accounts of the country's grueling slavery route and go up to the Door of Return, also known as 'door of no return', the last frontier between the dungeons and the huge slave ships waiting on the port.

Afterwards, we'll return to Coconut Grove where you'll have the time to dine, ride local horses, and relax.

WHAT YOU CAN *Anticipate*



✓ Saturday 10th Dec 2022

Leadership Symposium & Kakum Canopy Park - Saturday 10th Dec 2022

After breakfast, it's time to enjoy Ghana's lush landscapes. Today we'll visit Kakum national park, where ancient trees, curious monkeys and beautiful birds await. After a short hike, we'll get to the canopy trail, a series of 7 narrow swinging canopy bridges. Get face-to-face with Ghana's most exotic fauna as you go through their natural habitat, more than 40 feet above the ground. For the faint of heart, no worries: there's an outdoor lounge just for you!

The group will attend a Leadership Symposium at the University of Cape Coast where the Dean Dr. Mark James will speak. After the symposium, the group will play soccer or basketball with some students of the University of Cape Coast.

The evening will be spent at Coconut Grove Hotel.



✓ Sunday 11th Dec 2022

The Brothers Brunch & Volunteering - Sunday 11th Dec 2022

The group will volunteer for four hours (by donating sanitary items to a group of teenage girls) at the Kakumdo Village in Cape Coast. They will have a short tour of the village, and make fufu with some locals.

There will be a 4 hour ride back to Accra.



✓ Monday 12th Dec 2022

Shopping at the Makola Markets - Monday 12th Dec 2022

Oxford Street is a bustling, lively place where you'll find unique souvenirs and get to know the rhythm of the city. Smell the traditional Ghanaian ingredients, touch authentic Kente cloth and revel in the feeling of being a local while you do some shopping.



✓ Tuesday 13th Dec 2022

Volunteering & Free Day - Tuesday 13th Dec 2022

The group will volunteer for 5 hours by doing a beach clean up exercise.

WHAT YOU CAN *Anticipate*



✓ Wednesday 14th Dec 2022

Shai Hills Reserve – Wednesday 14th Dec 2022

You will visit Shai Hills Resource Reserve, a resource reserve located in Doryumu in the Shai Osudoku District, all in the Greater Accra Region. It was established in 1962 with an area of 47 square kilometres which was later extended to 51 square kilometres in 1973. There, you will hike and enjoy a mini safari.

You will enjoy a boat ride under the Akosombo bridge and have a farewell dinner at the Royal Senchi Resort.



✓ Thursday 15th Dec 2022

Volunteering & Free Day – Thursday 15th Dec 2022

This day is for relaxation and preparation towards your departure the next day but you will begin the day by having an hour of volunteering by donating stationary, shoes, school bags or uniforms to primary school children.



✓ Friday 16th Dec 2022

Shopping and Departure – Friday 16th Dec 2022

We have come to the end of an amazing experience! Today, you will have a chance to do some last-minute shopping before heading to the airport for departure.



PAYMENT

Schedule

NON REFUNDABLE DEPOSIT DUE NOW
\$500

1ST PAYMENT
\$1500 Due September 10th

2ND PAYMENT
\$1500 Due October 10th

FINAL PAYMENT
\$1500 Due November 10th

LIST OF ITEMS TO PURCHASE

Suggested Shopping List

CHECKLIST

- ☐ Travel Adaptor
- ☐ Fanny Pack
- ☐ Luggage Tracker
- ☐ Portable External USB Charger
- ☐ Wet Ones Wipes
- ☐ Purell Hand Sanitizer
- ☐ Repel Insect Repellent
- ☐ Advil
- ☐ Pepto Bismol
- ☐ Imodium



WHAT'S NOT INCLUDED

Necessities

01

Passport

The United States Postal Service offers passport services.

PassportHealthUsa.com is another recommended provider

02

Visa

You will need a valid Visa to enter. Please do not wait until the last minute to obtain your Visa. Some countries allow border-entry VISAS upon arrival.

PassportHealthUsa.com is a VISA provider

03

Vaccinations & COVID-19

The Yellow Fever vaccination is the only REQUIRED vaccination to enter, Malaria pills are suggested .

COVID-19 negative test results required 72 hours before departure & upon entering Ghana.

04

Travel & Medical Insurance

Travel Insurance Travel insurance is highly recommended. Trip deposits and payments are non-refundable. Therefore, it is prudent to protect your investment. We will insure you through iNext Insurance.



Budget pp

GHANA

Enrollment Fee	\$300
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Program Fee	\$4699
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Visa and Vaccine	\$611
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Single Occupancy	Included
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Meals	Included
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Travel Insurance	\$199
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Airfare	\$2000
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Miscellaneous	\$500
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